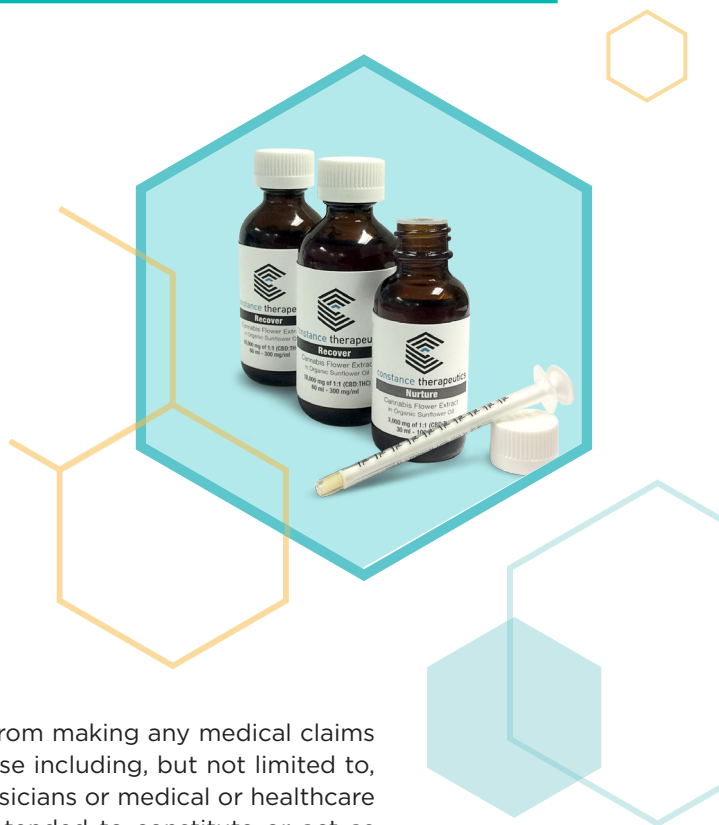




Cannabis Extracts 39k Protocol Guide

This guide is intended to assist you with storage, handling, dosing, and scheduling of your Constance Therapeutics protocol products (hereafter, the “Protocol”). Please read this guide thoroughly before starting the Protocol, and regarding any questions or concerns you may have about the Protocol, please contact the staff at Constance Therapeutics.

This guide was specifically designed for your use and application of cannabis extracts obtained through Constance Therapeutics pursuant to the medicinal cannabis laws of the State of California. Do not use this guide with any other cannabis oils, concentrates, or cannabis-related products from distributors of other products.



Disclaimer: Constance Therapeutics and its staff are prohibited from making any medical claims that these products can or may treat, cure, or prevent any disease including, but not limited to, cancer. Constance Therapeutics and its staff are not licensed physicians or medical or healthcare providers. This guide and its instructions do not and are not intended to constitute or act as a substitute for professional medical advice or medical guidance. Please consult with your physician or healthcare provider before use of these products. The following statements and instructions in this guide have not been evaluated or approved by the United States Food and Drug Administration. Constance Therapeutics and its staff make no healing, curative or medical claims or warranties regarding its products.

Storage

Store the extract away from light and heat. We advise keeping the extract in a cupboard or drawer at room temperature, away from excessive heat or cold. Do not allow the extract to reach temperatures of 102°F (this will not destroy the product but the quality of the extract may become compromised). Make sure to keep the extract away from children and pets.

Keep away from:



Heat



Light



Children



Pets



Handling

Here is a step-by-step guide to dispensing the extract:

- 1 Lightly shake before use.
- 2 Remove childproof cap from glass bottle by pushing down and turning counterclockwise simultaneously.
- 3 Insert the syringe tip fully into opening of the glass bottle. Note: There is no need to force the syringe deep into the opening. This may cause the plastic plug in the bottle to split and cause leakage. Instead, gently press just the narrow tip of the syringe into the plug so that it forms a seal between the syringe and the plastic plug.
- 4 Turn bottle upside down with syringe inserted.
- 5 Slowly retract then push the plunger to remove any air bubbles from syringe. Withdraw plunger to the desired dose. Refer to the dosing schedule below.
- 6 Dispense the extract directly under the tongue into the mouth, and allow to rest under your tongue for up to 2 minutes before swallowing. You may take with food or drink, and it is advised not to take on an empty stomach.

We do NOT recommend using suppositories as an alternative method. Please consult with us before deciding to change your administration method of the extract, and consult with your physician or healthcare provider regarding the same.

We do not have any official recommendations for diet or nutrition while taking the extract; however, it may be helpful to take the extract with healthy fats, such as coconut oil or avocado as they can enhance cannabinoid absorption. Ultimately, you will need to consult with your physician or healthcare provider regarding your diet and/or nutrition while on the extract.

Dosing Schedule

All dosing should be done in consultation with your treating physician or healthcare provider. Our recommendation based on past patient experiences is to ingest the extract at night about two hours before you go to sleep and to adjust the time as you adapt to cannabis extract and learn your own body's response to it.

Use the markings on the side of the syringe as a guideline to help with measuring the extract. The following schedule is meant as a guideline and should be visited with your physician or healthcare provider. Please try to stick to this schedule as best as you can. If you need to significantly alter the schedule, contact us so we may advise you and also contact your physician or healthcare provider regarding the same, if helpful and desired.



Recommended Dosing Guide

Month 1

Recommended dosing schedule for our cannabis extract diluted in sunflower oil, taken at night, approximately 2 hours before bed:

3000mg Bottle (30mL, 100mg/mL)

Days	Dose (mL)	Cannabinoid (mg)
1-4	0.1	10
5-8	0.2	20
9-12	0.4	40
13-16	0.8	80
17-20	1.6	160
21-24	3.2	320

Note that this 1st month Dosing Guide ends at 24 days. You should use the 3000mg Bottle until it runs out, and then transition to the subsequent 2nd Month Dosing Guide and 18,000mg Bottle. The above guide is simply a recommendation. You may increase at a faster or slower rate based on your response to the extract and experience with cannabis in general and as advised by your physician or healthcare provider. We encourage you to stick to this dosing schedule as best as you are able to.

Month 2 & 3

Recommended dosing schedule for our cannabis extract diluted in sunflower oil, taken at night, approximately 2 hours before bed:

2 x 18,000mg Bottles (60mL, 300mg/mL)

Month	Dose (mL)	Cannabinoid (mg)
2	2.0	600
3	2.0	600

After or around day 24, you will move to one of the larger 60mL bottles and ingest 2.0mL of the extract every night for the second and third month. Once you have finished the second bottle, you will move on to the third bottle. Continue with 2.0mL per night for the third month of the Protocol.



Side Effects

Higher THC Extracts: If taken before bed, the majority of the psychoactive side effects of THC will happen while you are asleep. If you start to feel uncomfortable side effects, the best thing to do is remain calm and go to sleep. Remember that the cannabis will not hurt you and the effects will subside with time. Common side effects include short-term memory impairment, disorientation, dry mouth, time distortion, dizziness, anxiety/panic attacks, drowsiness, and a 'high/strange' feeling. These can wear off quickly or continue throughout the day. Your body will slowly acclimate to the effects of THC and it will become easier as you continue, according to our patient members.

There may be a point during the three-month Protocol where you will start to sleep excessively. Do not be alarmed - this is normal. If you experience something that is out of the range of common side effects, please consult your physician or healthcare provider accordingly. We are not physicians or trained healthcare professionals, but are always happy to provide our specialized knowledge of cannabis extracts.

Frequently Asked Questions

- Q** Can I take the extract at the same time as chemotherapy or radiation?
- A** Oncologists have not reported contra-indications with common medications. Many of the past patient members who have used this Protocol have done so alongside these treatments. Constance Therapeutics and its staff are not licensed physicians or medical or healthcare providers, so please consult with your physician or healthcare provider regarding this question.
- Q** Can I stop taking my other medications if the cannabis extracts help me?
- A** We do not recommend doing anything without first consulting your physician or healthcare provider in regards to your other medications. Constance Therapeutics and its staff are not licensed physicians or medical or healthcare providers.
- Q** Can I drive?
- A** This is within your sole discretion. Please do not drive if you do not feel like you can. There will be days where you feel capable and days when you feel unable. Consult with your physician or healthcare provider about your ability to drive while following the Protocol.





Q Can I go to work?

A We suggest that you make this Protocol the number one priority. If you want to give your body the best chance of healing, we encourage you to rest when you feel like resting. Consult your physician or healthcare provider accordingly.

Q Can I take a day off from the Protocol?

A Unless your physician or healthcare provider advises you to abstain from the Protocol, we do NOT recommend taking a single day off from the Protocol. If you are struggling with a dose and need to stop for whatever reason, it is better to slightly lower a dose than to completely take a day off, or to delay your increased dose for a short period. The purpose of the Protocol is to continue to build up and maintain your tolerance. Again, be sure to consult your physician or healthcare provider accordingly.

After Three Months

The best way to monitor the results of the Protocol is to test the progress of your cancer before nearing the end of the three-month mark. We ask that you contact us and consult with us, as well as consulting with your physician or healthcare provider, before stopping the extract. If you choose to stop the extract or your physician or healthcare provider recommends that you do, it is best to wean off over the course of a week. You might experience “withdrawal” symptoms such as night sweats and trouble sleeping, however, these are **very rare**.

There are three different things that can happen to you after three months of taking the extract, all of which you should consider in consultation with your physician or healthcare provider:

1 No positive results. In concert with your physician or healthcare provider, you can choose to continue the full dose to see if it eventually helps, try a different formulation of extract, or plan a schedule to get off the extract.

2 Positive results, but cancer is still active in the body. If your physician or healthcare provider suggests that the cannabis extract can still help, we recommend continuing the full dose on an as-needed basis.

3 No active cancer in the body. If you reach a cancer-free state while using the extract, a maintenance dose is recommended, but only in consultation with your physician or healthcare provider. This is a small amount of extract to be taken daily or frequently in order to keep the cannabinoids present in your fat cells.

